



**Season 4
2026-2027**



IMPORTANT DATES

Team Reveal: May 26th 7:00 pm

**PRACTICE DATES AND GYM EVENT
DATES GIVEN**

**Gym Closed: Independence Day
June 28th-July 5th**

**Gym Closed: End of Summer Break
July 27th-July 31st**

**Gym Closed: Labor Day
September 6th - September 7th**

**Gym Closed: Fall Break
October 5th-9th**

**Gym Closed: Thanksgiving Break:
November 23rd-November 27th**

**Gym Closed: Holiday Break:
December 21st-January 1st**

**Gym Closed: February Break
February 15th-19th**

**Gym Closed: Spring Break
April 5th-9th**

Welcome to ATL Xtreme!

We are a USASF certified program that offers all star cheerleading and tumbling for children ages 4 to 15. ATL Xtreme is where excellence and enjoyment go hand in hand! We provide a positive, motivating environment where athletes build confidence, strong fundamentals, and teamwork skills. ATL Xtreme's standards are carefully curated with both athletes and parents in mind to create the best experience possible. Families can expect clear expectations, consistent communication and for their child to meet new friends, learn new skills and grow as an athlete and individual.

We're excited for you to join us!

INFO@ATLXTREME.COM - 470-510-7178





NOVICE TEAMS

Our Novice program is the perfect introduction to competitive cheerleading! Novice teams focus on building strong fundamentals and developing confidence in a fun, supportive environment. Our athletes build performance skills and learn proper technique to prepare for potential advancement to Prep or Elite teams.

No experience is required, we teach it all!

Tiny Novice: 4-6 yrs

Practice on Tuesdays
6:15-7:30 pm

Choreography Camp
August 8th and 9th

Youth Novice 7-12 yrs

Practice on Wednesdays
6:30-8:00 pm

Choreography Camp
August 8th and 9th

COSTS

Registration: \$49

\$219 due monthly on the 1st
June 2026 through April 2027.

Included in Monthly Installments:

- Team Practices
- Practice Wear (3 pieces)
- Competition Bow
- Choreography
- Custom Music
- 5 Events (1 Travel)
- 1 Tumble Class per week

NOT Included in Installments:

- \$300 Uniform Fee due 6/19
- \$125 Coaches due 9/15
- \$49 USASF Fee paid to USASF
- Black Cheer Shoes
- \$175 Bag and Warmup

FUN FACT:

Our 2025-2026 Mini Novice team went undefeated!

We have the B.E.S.T girls!

PREP TEAMS

Prep Teams are designed for athletes who are ready to move beyond fundamentals and commit to more competitive training without the full demand of Elite teams. Prep introduces required stunt and tumbling skills. Athletes focus on building strong technique, performance skills, and confidence in a supportive environment.

Youth Prep 7-12 yrs

Summer Practices

Monday/Thursday 6:15-8:15 pm

Fall Practices (Beginning 8/2)

Sunday 3:55-6:30 pm

Thursday 6:15-8:15 pm

COSTS

Registration: \$49

\$275 due monthly on the 1st
June 2026 through April 2027.

Included in Monthly Installments:

- Team Practices
- Choreography
- Custom Music
- Practice Wear
- Program Showcase
- Competition Bow
- 6 Competitions (1 Travel)
- 1 Tumble Class Per Week

NOT Included in Installments:

- \$300 Uniform Fee due 6/19
- \$150 Coaches Fee due 9/15
- \$49 USASF Fee paid to USASF
- Black Cheer Shoes
- \$175 Bag and Warmup





ATL Xtreme Fee Sheet 2026-2027

- All accounts must have a valid card on file. Fees will be autodrafted on the dates below.
- A \$15 late fee will apply to unpaid accounts on the 5th.
- Team Practices, Practice Wear, Choreography, Music, Competition Bow, Competition Fees and 1 Class per week are **included in tuition installments.**

	Novice	Prep
June 1st	\$219	\$275
June 19th	\$300 Uniform Fee	\$300 Uniform Fee
July 1st	\$219	\$275
August 1st	\$219	\$275
September 1st	\$219	\$275
September 15th	\$125 Coaches Fee	\$150 Coaches Fee
October 1st	\$219	\$275
November 1st	\$219	\$275
December 1st	\$219	\$275
January 1st	\$219	\$275
February 1st	\$219	\$275
March 1st	\$219	\$275
April 1st	\$219	\$275

Required Additional Costs

- Black Cheer Shoes - due by July 1st.
- USASF Fee - \$49 paid directly to USASF.net by September 1st.
- Cheer Bag and Warmup: \$175

Optional Costs

- Additional Class: \$15 Open Gym: \$5
- Private Lessons: \$50/60 minutes

FAQ

WHAT TEAM WILL MY CHILD MAKE?

ATHLETES AGES 4-6 YEARS WILL BE ON A NOVICE TEAM.

ATHLETES 7 AND OLDER CAN MAKE A NOVICE, PREP OR ELITE TEAM.
PARENTS WILL CHOOSE WHICH PROGRAM THEY ARE TRYING OUT
FOR WHEN REGISTERING.

PREP/ELITE TEAMS HAVE SKILL REQUIREMENTS.
THERE ARE NO SKILL REQUIREMENTS FOR NOVICE TEAMS!

IF WE ARE SIGNING UP FOR NOVICE, DO WE HAVE TO TRYOUT?

NO!

WHEN REGISTERING, IF YOU REGISTER **FOR NOVICE** YOUR ATHLETE
WILL AUTOMATICALLY BE PLACED ON THE NOVICE TEAM FOR THEIR
AGE!

IF YOU WOULD LIKE TO TRYOUT FOR A **PREP TEAM**, AN EVALUATION
IS REQUIRED.

ARE THERE PENALTIES FOR SUMMER VACATIONS?

NO!

WE UNDERSTAND ATHLETES WILL VACATION OVER THE SUMMER.
PRACTICES BECOME MANDATORY IN AUGUST.

IF YOU HAVE A PLANNED TRIP DURING THE SEASON, PLEASE SUBMIT
AT LEAST 14 DAYS IN ADVANCE TO BE EXCUSED.

WE ARE CLOSED DURING ALL DEKALB COUNTY SCHOOL BREAKS.

HOW DO I SIGN UP?

[- CLICK HERE TO REGISTER](#)

[-CLICK HERE TO JOIN BAND!](#)

**ALL PARENTS MUST JOIN BAND TO SEE ALL COMMUNICATION
AND CALENDARS!**

NEXT STEPS:

ATHLETES WILL LEARN THEIR TEAM'S NAME AND MEET THEIR
TEAMMATES MAY 26TH!

*IF YOU WILL BE OUT OF TOWN 5/26 YOU WILL RECEIVE AN EMAIL
WITH TEAM DETAILS



2026-2027 TUMBLING REQUIREMENTS

NO SKILL REQUIREMENTS FOR NOVICE TEAMS!

PREP LEVEL 1

- ROUND OFF
- BACKWALKOVER
- SWITCH BACKWALKOVER
- FRONT WALKOVER

ELITE LEVEL 1:

- ALL PREP LEVEL 1 SKILLS
- VALDEZ
- BACK EXTENSION ROLL
- BACKWALKOVER SERIES
- FRONTWALKOVER-CARTWHEEL-BACKWALKOVER

PREP LEVEL 2:

- ALL LEVEL 1 SKILLS
- ROUND OFF-BACKHANDSPRING
- BACKWALKOVER-BACKHANDSPRING
- BACKHANDSPRING STEP OUT-BACKWALKOVER
- FRONTWALKOVER-ROUND OFF-BACKHANDSPRING