2026 MATTIOLI MELBOURNE SPRINTS

24-25 OCTOBER 2026

WARM UP & COOL DOWN LANE ALLOCATION

Outdoor Competition Pool

7:30am – 8:15am

No fins are to be worn in the competition pool during warm up as it damages the touchpads.
Please also avoid jumping over the top as you exit the pool.

0	DIVE STARTS ONLY	0
1	DIVE STARTS ONLY	1
2	CIRCLE SWIMMING	2
3	CIRCLE SWIMMING	3
4	CIRCLE SWIMMING	4
5	CIRCLE SWIMMING	5
6	CIRCLE SWIMMING	6
7	CIRCLE SWIMMING	7
8	PACE SWIMMING	8
9	MULTI-CLASS LANE	9

START END

Indoor Warm-Up/Cool-Down Pool (25m lanes)

8am, until 30min post competition finishing

MIDDLE POOL

0	1	2	3	4	5	6	7	8	9
CIRCLE SWIMMING (SATURDAY SESSIONS ONLY)	CIRCLE SWIMMING (SATURDAY SESSIONS ONLY)	CIRCLE SWIMMING (SATURDAY SESSIONS ONLY)	CIRCLE SWIMMING (SATURDAY SESSIONS ONLY)	CIRCLE SWIMMING	CIRCLE SWIMMING	CIRCLE SWIMMING	CIRCLE SWIMMING	CIRCLE SWIMMING	CIRCLE SWIMMING
0	1	2	3	4	5	6	7	8	9

BOOM

SOUTHERN POOL

0	DIVE STARTS ONLY	0
1	DIVE STARTS ONLY	1
2	CIRCLE SWIMMING	2
3	CIRCLE SWIMMING	3
4	CIRCLE SWIMMING	4
5	CIRCLE SWIMMING	5
6	CIRCLE SWIMMING	6
7	CIRCLE SWIMMING	7
8	PACE SWIMMING	8
9	MULTI-CLASS LANE	9